

From the Mailbox

Our mailboxes connect us to the wide world outside our Soulful Homes. Sometimes, these connections ask things of us (a donation letter or flyer encouraging us to vote), sometimes these connections offer things to us (a letter from a friend or a special delivery), and often, they do both. This section applies this metaphor to today's call for families to engage in the work of dismantling white supremacy culture. There are so many brave, inspiring and wise leaders "sending" us messages of hope and "delivering" us ideas about what we can do to fight racism. So each month, this section will contain two "notes" from these leaders in anti-racism and its related fields. Every family will relate to them differently. Engage them in whatever way connects with your family best.

Beloved Community is...

The Fair Housing Justice Center made a video with many voices sharing what the Beloved Community is, using their own words. Watch this video together as a family. Afterward, talk about which words most resonated with each of you. We've pulled a few powerful quotes below that you might use to prompt conversation.

https://www.youtube.com/channel/UCm4vHROaPm_syaXTZK08Gag

"The Beloved Community is...

...people who make me comfortable, people who make me uncomfortable, people I don't know, and people I'm very, very familiar with...and we are united by this divine call."

...the opportunity to be truly free in a society that respects, hears, and understands its citizenry."

...dignity and protection for all."

...everyone has a stake in each other's wellbeing."

...all of us together in the spirit of justice, in the spirit of love, in the spirit of humanity, in the spirit of oneness working to uplift communities that have been oppressed..."

Invitation: Spend time considering the many perspectives offered. What challenges you? What inspires you? The Fair Housing Justice Center is one organization founded on the principles of the Beloved Community. There are more! To learn more about endeavors inspired by the concept of the Beloved Community, [join The King Center's email list](#) (bottom of the page) so you can plug into this organization's ongoing educational and outreach work, or support it with [a donation](#).

Land and Food for All: Soulfire Farm

The Rev. Dr. Martin Luther King, Jr. was very clear that equalizing distribution of our nation's resources--including food and land--was key to the manifestation of the Beloved Community. And though a common historical narrative has pitted King's philosophy against his contemporary, Malcolm X's (who was assassinated this month in 1965), X believed that "all revolution is based on land." It is in this spirit that we share the invitation below.

[Soulfire Farm](#), located in upstate New York, is "an Afro-Indigenous centered community farm committed to uprooting racism and seeding sovereignty in the food system." Their website has a wealth of [resources](#), and they also regularly offer food-justice and anti-racism training for individuals and groups, as well as farm-immersion training for BIPOC folks.

Invitation: Spend some time on the Soul Fire website, and then choose a way to support their work. Buy their book or a hand-made herbal salve. Sign up for the newsletter. Take the anti-racism training. [Volunteer](#) to make and send art cards for them to use to thank donors. And use their [list of Black-led farming organizations](#) to find a farm near you where you might also offer support.